

Appendix C



Lincolnshire Holiday Activity Fund – Briefing for Healthy Weight Partnership Update to Joint Health and Wellbeing Board (March 2024)


Successes, Challenges and Potential Solutions for 2023-24

1. Increased CYP attendance

	Primary	Secondary	Total
Winter 2022	2881	547	3428
Easter 2023	3490	577	4067
Summer 2023	3781	722	4503

2. Partnerships

	Activity/Resource
Active Lincolnshire	<p><u>Together Fund:</u> Supported Early Years HAF Providers to be trained to deliver inclusive physical activity. Plus the supply of sport equipment.</p> <p><u>HAF Events:</u> Match funded two HAF events where providers have opportunities to upskill, network and share best practice.</p> <p>Active Lincolnshire provide support and connections to wider networks.</p>
Asda Foundation	<p>Asda Lincolnshire Community Champions visited some of our clubs to deliver sessions on waste food and the impact of the environment, healthy eating and mental health wellbeing.</p> <p>Asda provided funding to purchase selfcare items to CYP.</p>
Bikeability	78 CYP accessed Bikeability during Easter 2023 to improve their skills and confidence with safely riding bikes.
Branston Ltd	Funded GoGro to deliver many interactive cooking sessions across the county for CYP. Supplied recipe cards for Easter and Summer 2023 and 5000 water bottles for Winter 2023.
Community Dental Services	<p>Supplied oral health resources on good oral health which were distributed to families.</p> <p>Trained HAF Providers on the promotion of good oral health during the training series prior to delivery.</p>
Golfway	Donated Golfway equipment for providers to utilise for their CYP.
GoGro	Funded by Branston Ltd and delivered many interactive cookery sessions across the county, educating CYP on how to cook healthy potato dishes whilst teaching basic cookery skills.
Lincolnshire Co-op  Lincolnshire Coop Evaluation Summer H.	Supplied £8,680 vouchers to purchase fruit and vegetables which the HAF team distributed across all HAF providers to contribute to healthy eating and healthy lifestyles activities.
Lincolnshire FA  Lincolnshire FA and HAF Article.pdf	Opportunities for young people enrolled on the Lincolnshire Lionesses Leadership programme to attend HAF clubs and coach CYP whilst improving their skills, knowledge and understanding of female sports development in Lincolnshire and to be role models to other females.
Morrisons	Donated vouchers to some of our providers to purchase breakfast items in Grantham, Lincoln, and Louth.

PING	Donation of PING caps for Golf Equipment to the value of £16,000
Public Health	Provided funding for dental packs which were supplied to HAF Providers to distribute to their HAF CYP to promote brushing teeth in support of the dental crisis in Lincolnshire.
Riseholme College	Supplied Education Officers and their 3G pitch, teaching kitchen and animal unit as part of a HAF trip for Lincoln City Foundation CYP to Riseholme College in Summer 2023. GoGro delivered the interactive cooking masterclass during the session.
The Golf Foundation  Golf Case Study 2023 Final.pdf	Initially supported with delivering golf sessions at 3 venues in Gainsborough. 72 CYP were introduced to golf including 36 girls and 12 CYP from ethnically diverse backgrounds. Match funded with LCC £2500 to purchase golf equipment. Trained 11 providers to deliver golf sessions to CYP. Supported with developing new networks.
The National Literacy Trust	Delivered 2 author sessions and donated £10,000 worth of fiction/non-fiction books.
University of Lincoln	Sport undergraduate students volunteered at Lincoln City Foundation to provide work experience opportunities and add to the workforce available at the HAF club.
Gloji	A plan of action to work together in 2024 to link HAF providers to the 'Healthy Lifestyles Pathway'.

3 Key challenges:

- CYP no-shows
- Increase in demand for SEND spaces
- Increase in demand for non-FSM eligible access to HAF

4 Your ideas and solutions to any barriers to success:

- Lack of understanding around CYP's health and wellbeing.
- Lack of joint up approach.

5 Ways in which the Health and Wellbeing Board could support your work around healthy weight:

- Educating organisations/Local Authorities on risk factors to obesity and promoting healthy weights.
- Making food standards mandatory in Early Years settings.
- Educating parents about healthy weight, food, and nutrition.
- Linking us to partners within this sector to support HAF.
- Joint up working with health teams such as FHW's and HV's to bridge the gap after support end (when the child starts attending reception).